

MOXI LASER TREATMENT

A gentle, fractionated laser that can be performed any time of year to effectively treat the visible signs of aging in patients of all skin types, producing evenly-toned, radiant skin.

WHAT TO EXPECT

WARMTH: The treated area may be warm for 1-2 hours after the treatment. the feeling of warmth may continue for 12-24 hours after the treatment.

REDNESS: Redness is normal and expected, and can persist for up to 7 days, depending on the intensity of treatment.

MENDs (Microscopic Epidermal Necrotic Debris): MENDs will appear on the 2nd or 3rd day after treatment as tiny dark spots, giving treated skin a bronzed appearance. These spots are treated tissue working its way out while fresh, new skin is regenerated. Do NOT pick them.

DRYNESS/FLAKING/PEELING. As your skin heals it will feel very dry, tight, and a bit like sandpaper before flaking and peeling off. The skin on your face will recover from this healing process faster than skin on your neck, chest, or body. Keep your skin well-moisturized to support the healing process. It is important to not scrub, scratch, rub, or pick the treated area during this time.

BEFORE YOUR TREATMENT

- Avoid excessive sun exposure and wear SPF30-50 sunscreens daily.
- Stop using Retin-A and all other retinoid products 1 week prior to your treatment.
- If you have a history of cold sores, begin taking your antiviral prescription THE DAY BEFORE your treatment.

AFTER YOUR TREATMENT

FOR THE FIRST 24 HOURS

- Use **Avène Thermal Spring Water Spray** as needed for cooling. Do not shake the can.
- Moisturize skin with a bland moisturizer like Cetaphil or Cerave twice a day and as needed. Do not restart other skincare products for 1 week or until your skin has healed.
- Avoid strenuous exercise and sweating for at least 24 hours.
- Continue to take your antiviral medication, if prescribed.
- For general discomfort you may take Extra Strength Tylenol, as directed.
- Avoid scratching and itching, as scarring and pigmentation complications may occur.

AFTER 24 HOURS

- Cleanse the treated skin twice a day with plain, lukewarm water and a gentle cleanser, beginning the morning after treatment. Use your hands and gentle patting motions. DO NOT rub, scrub, or use an exfoliant or skincare brush, such as a Clarisonic, on the treated area.
- Continue applying gentle moisturizer twice a day
- Begin daily application of a physical SPF 30+ sunscreen with UVA and UVB protection. Reapply as needed.
- Avoid excessive sun exposure and wear a wide brimmed hat or protective clothing for 1 month after treatment.
- You may wear makeup after 24 hours. Do not use any anti-aging products such as retinoids until your skin is fully healed.
- Do not shave the treated skin until it is fully healed.
- Use gentle patting to wipe sweat off of treated skin during and after exercise