

DERMATOLOGY Center of Atlanta

Medical, Surgical & Cosmetic Dermatology

PRE-PROCEDURE INSTRUCTIONS

IMPORTANT: Please discontinue any blood-thinning products 7-10 days prior to your procedure unless your prescribing physician does not recommend that they be stopped for other health reasons. Products to be discontinued include the following:

- NSAIDS (non-steroidal anti-inflammatory medicines)
 - Ibuprofen (ex: Advil, Motrin)
 - Naproxen (ex: Naprosyn, Aleve)
- Aspirin
- Green Tea
- Vitamin E
- Fish Oil
- Ginkgo Biloba
- St. John's Wort

Note: This is not an all-inclusive list. Please ask your medical assistant if you are unsure which medicine to discontinue.