

DERMATOLOGY Center of Atlanta

V-BEAM LASER TREATMENT

The Candela Vbeam Perfecta®, the gold standard in pulsed-dye lasers, effectively treats blood vessels, spider veins, redness and vascular lesions with intense but gentle bursts of light. The built-in DCD (Dynamic Cooling Device™) delivers a brief burst of cryogen cooling spray just prior to the laser pulse which provides a more comfortable and safe treatment.

WHAT TO EXPECT

- Immediately after treatment, your skin may feel warm or sunburned for several hours and up to 2 days.
- Swelling may happen immediately after treatment or develop over the next 1-2 days after treatment.
- Your skin may appear redder than normal for several days.
- Bruising may occur and can last up to 2 weeks, depending on the condition treated.
- Less common side effects may include, but are not limited to: *itching (hive-like response), infections including viral, bacterial and fungal, herpes simplex virus activation, hyperpigmentation (darkening of the skin; transient or long-term), hypopigmentation (lightening of the skin; transient, long-term or possibly permanent), burns, blisters, scabbing, crusting, skin color changes, textural skin changes, scarring (rare, possibly permanent,) and lack of expected results.*

BEFORE YOUR TREATMENT

2 WEEKS OUT: Avoid excessive sun exposure and wear SPF 30-50 sunscreen daily.

1 WEEK OUT: Discontinue the use of exfoliating products, Retin-A, and all other retinoid and/or anti-aging products. Stop using non-essential blood thinners: aspirin, NSAIDS, vitamin E, fish oil, ginkgo biloba, green tea, and tumeric.

THE DAY BEFORE: You may take an oral antihistamines such as Allegra, Claritin, or Zyrtec to reduce the risk of swelling. If you have a history of cold sores, start your antiviral medication 1 day before treatment and for 5 days after.

AFTER YOUR TREATMENT

- For cooling relief, you can apply cool compresses for 10 minutes every 1-2 hours or use Avene Thermal Spring Water Spray*. Do not directly apply ice to your skin. You may take Tylenol for any other discomfort.
- To reduce swelling, sleep with your head elevated and continue to take antihistamines for the next 2 days (longer, if needed). If swelling is more significant, you may also take oral Benadryl at night.
- Continue daily use of SPF 30-50 sunscreen and avoid direct sun exposure for 14 days. If there is no blistering, you may wear makeup after your treatment. We recommend Oxygentix Oxygenating Foundation*, which is both antibacterial and soothing.
- If you are on antiviral medication continue taking it for 5 days.
- After 1 week, you may restart non-essential blood thinners (aspirin, NSAIDS, etc.).
- After 2 weeks, you may re-start using Retin-A and other retinoids and/or anti-aging products.

WHAT TO AVOID

- Be gentle to your skin and do not rub, scrub or pick at the treated areas.
- Avoid heavy exercise, saunas, hot showers (lukewarm is ok) or anything that causes excessive perspiration or flushing with your skin (alcohol, spicy foods, caffeine) for 5 days after treatment.
- Avoid anything that causes excessive friction to the treated areas.
- Avoid direct sun for 14 days after treatment.

**Available for purchase at our Advanced SkinCare Center.*

If you experience excessive tenderness, redness, or any signs of infection like drainage that is yellow or green, or a fever of 101.5 or higher, please contact our office immediately: (770) 497 0699